



BEYOND OCTOBER!
Healthy Habits. Healthy Lives.

Join us at our annual Beyond October! community event. This year's event will feature interactive programming as participants are engaged in food demonstrations, health info games, maybe even Zumba or line dancing! Healthy habits increase the chances of healthier lives and better breast health.

SATURDAY, NOVEMBER 14, 2015

Herman Hall Conference Center
 Illinois Institute of Technology
 3241 S. Federal Street
 Chicago, IL 60616
 Time: 2 pm – 5 pm

RSVP BY NOVEMBER 6TH

Call: 312-942-3368 or online at chicagobreastcancer.org
Transportation is available for large groups.

We expect to have over 1,000 free mammograms to provide to uninsured women! Plus, navigators will be on-hand to provide information on new health insurance options under the Affordable Care Act.

ACTIVITIES:

- Get up and go activities: Zumba or Line Dancing
- Food demonstrations
- Breast health bingo
- Health info games
- Visit exhibitors
- Make-up artist
- Massage
- Prizes and giveaways!

SIGN UP:

- Free mammograms
- ACA/Insurance sign ups

HEALTH CHECKS:

- Blood pressure checks
- Risk assessments
- Flu shots

TO SIGN UP FOR A MAMMOGRAM OR IF YOU NEED ENROLLMENT ASSISTANCE PLEASE CALL 312-942-3368.



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